



# RETREATS AT THE MARY WARD CENTRE

## Student Retreats

- Following in the Footsteps of Jesus
- The Golden Rule Across World Religions/ Diversity and Social Inclusion
- Leadership Training, Peace Building & Witness to the World
- “Called by Name”: Deepening our Own Spirituality and Relationship with God
- Myers- Briggs as a Tool for Vocation and Community Building
- Confirmation Retreats
- Volunteer Orientation and Debriefing (for both overseas and local experiences)
- Appreciative Inquiry and Conflict Resolution

## Teacher Retreats

- Celebrating God’s Presence Through Images of Air, Earth, Water and Fire
- Drinking from Our Own Spiritual Wells: Heath and Wellness Days



All retreats are interactive, and involve prayer, input, meditation, reflection, media, music, poetry, movement and icebreakers.  
We are open to designing retreats for your group.

For further information contact:

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